

Next, we need to calculate the integral

$$\begin{aligned}\int h dm &= \int_{h=0}^{h=H} h (\pi R^2 \rho_0 [1 + \frac{h}{H}] [1 - \frac{h}{H}]^2) dh \\ &= \rho_0 \pi R^2 \int h \left(1 - \frac{h}{H} - \frac{h^2}{H^2} + \frac{h^3}{H^3}\right) dh \\ &= \rho_0 \pi R^2 \int \left(h - \frac{h^2}{H} - \frac{h^3}{H^2} + \frac{h^4}{H^3}\right) dh \\ &= \rho_0 \pi R^2 \left[\frac{1}{2} h^2 - \frac{1}{3} \frac{h^3}{H} - \frac{1}{4} \frac{h^4}{H^2} + \frac{1}{5} \frac{h^5}{H^3} \right]_{h=0}^{h=H} \\ &= \rho_0 \pi R^2 \left[\frac{1}{2} H^2 - \frac{1}{3} H^2 - \frac{1}{4} H^2 + \frac{1}{5} H^2 \right] \\ &= \rho_0 \pi R^2 \left[\frac{7}{60} H^2 \right]\end{aligned}$$

So

$$\begin{aligned}\text{height of center of mass} &= \frac{\int h dm}{\int dm} = \frac{\frac{7}{60} \rho_0 \pi R^2 H^2}{\frac{5}{12} \rho_0 \pi R^2 H} \\ &= \boxed{\frac{7}{25} H}\end{aligned}$$

$$\text{vs. } \frac{1}{4} H = \frac{6}{24} H$$

for a uniform cone.

So center of mass is a little higher, as it should be.